

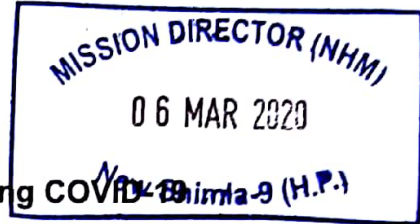
**National Health Mission  
Himachal Pradesh**

To

All the Deputy Commissioner,  
in Himachal Pradesh.

All the Chief Medical Officers ,  
in Himachal Pradesh.

Dated Shimla-9 the 6/3/2020



Subject: - Latest Travel and School Advisory Regarding COVID-19

Sir/Madam,

Please find attached the latest travel and school advisory of COVID-19 issued by Ministry of Health and Family Welfare, Government of India on COVID-19 regarding prevention and control of COVID-19 for necessary action.

Yours faithfully,

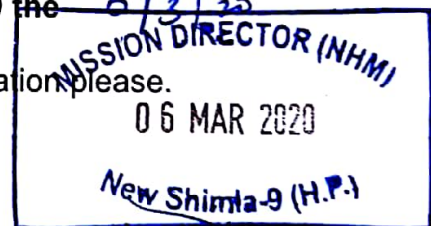
*N. J. Singh* 6/3/20  
Special Secretary (Health) cum  
Mission Director, NHM  
Himachal Pradesh, Shimla – 9

Endst. No. As above.

Dated Shimla-9 the 6/3/20

Copy to:

1. The ACS (Health) to the Govt. of Himachal for information please.
2. The Director Health Services, H.P. .
3. Director Medical Education, Himachal Pradesh.
4. Director, Elementary Education, Himachal Pradesh
5. Director, Higher Education, Himachal Pradesh



*N. J. Singh*  
Special Secretary (Health) cum  
Mission Director, NHM  
Himachal Pradesh, Shimla – 9



Ministry of Health & Family Welfare  
Government of India

## Novel Coronavirus (COVID-19)



Help us to  
help you

### In supersession of all earlier advisories, the following advisories are issued for immediate implementation:

1. All regular (sticker) **Visas/e-Visa (including VoA for Japan and South Korea)** granted to nationals of Italy, Iran, South Korea, Japan and **issued on or before 03.03.2020** and who have not yet entered India, stand suspended with immediate effect. Those requiring to travel to India due to compelling reasons, may seek fresh visa from nearest Indian Embassy/Consulate.
2. Regular (sticker) visa / e-Visa granted to nationals of Peoples Republic of China, **issued on or before 05.02.2020 were suspended** earlier. It shall remain in force. Those needing to travel to India under compelling circumstances may apply for fresh visa to nearest Indian Embassy/Consulate.
3. Regular (sticker) visas/e-Visas granted to all foreign nationals who have travelled to **Peoples Republic of China, Iran, Italy, South Korea and Japan on or after 01.02.2020**, and who have not yet entered India stand suspended with immediate effect. Those requiring to travel to India under compelling circumstances may apply for fresh visa to nearest Indian Embassy/Consulate.
4. **Diplomats, officials of UN and other International bodies, OCI cardholders and Aircrew** from above countries are exempted from such restriction on entry. However, their medical screening is compulsory.
5. Passengers of all international flights **entering into India from any port are required to furnish duly filled self-declaration form** (including personal particulars i.e. phone no. and address in India) and travel history, to Health Officials and Immigration officials at all ports.
6. **Passengers (foreign and Indian)** other than those restricted, arriving directly or indirectly from China, South Korea, Japan, Iran, Italy, Hong Kong, Macau, Vietnam, Malaysia, Indonesia, Nepal, Thailand, Singapore and Taiwan **must undergo medical screening at port of entry**.
7. **Indian citizens are advised to refrain from travel to China, Iran, Republic of Korea, Italy and Japan** advised to avoid non-essential travel to other **COVID-19 affected countries**.

### For further information :

- Call at Ministry of Health, Govt. of India's 24\*7 control room number **+91-11-2397 8046**
- Email at **ncov2019@gmail.com**



mohfw.gov.in



@MoHFWIndia



@MoHFW\_INDIA



mohfwindia





Ministry of Health & Family Welfare  
Government of India

## Novel Coronavirus (COVID-19)



Help us to  
help you

### SCHOOL ADVISORY

- Schools are advised to **avoid any large gathering** of students during the course of the day in the school.
- Any student/staff with **travel history to any COVID-19 affected country** or in contact with such persons **in last 28 days**, should be monitored and home quarantined for 14 days.
- Class teachers should be alert to any child with **signs and symptoms i.e. fever, cough and difficulty in breathing**, and should immediately inform the parents to have the child tested.
- Ask parents not to send child back to school till advised so by the treating doctor.
- Teachers, school staff and students should also be advised about simple public health measures of hand and respiratory hygiene.  
**Hand hygiene: Wash hands frequently and thoroughly** with soap & water or use alcohol based hand sanitizer, even when hands are visibly clean.  
**Respiratory hygiene:**
  1. Everyone should **cover their mouth** with a tissue/handkerchief (or their sleeve if there are no tissues available) when they cough or sneeze and wash their hands afterwards.
  2. **Do not touch** your eyes, nose and mouth.
  3. Everyone should **throw away used tissues** in a bin and wash their hands after contact with coughing/sneezing.
- **Frequently touched surfaces** - door knobs, switches, desk tops, hand railings etc. should be disinfected.
- Provide **alcohol based hand cleaners/sanitizers** in frequented spots of the school.
- Ensure **availability of soap and water** in rest rooms at all times.
- **Foot operated pedal bins lined with plastic bag** should be provided in each classroom & rest room.
- In hostels, health status of students as well as the other ancillary staff, should be **monitored on regular basis**. In case there are suspected cases, the **authorized local medical authority** should be called for examination.
- Anybody with **signs & symptoms (cough, fever or difficulty in breathing)** should call State/UT helpline number or Ministry of Health & Family Welfare's 24X7 helpline at 011-23978046 or visit public health facility with a mask or mouth covered.

#### For further information

Call at Ministry of Health, Govt. of India's 24X7 control room number **+91-11-2397 8046**

Email at **ncov2019@gmail.com**



mohfw.gov.in



@MoHFWIndia



@MoHFW\_INDIA



mohfwindia