

## **Weekly Iron Folic Acid Supplementation Programme (WIFS)**

This programme covers the adolescent population studying in Govt Schools in Classes VI to XII all over the State. Under this programme weekly dose of IFA Tablet (100 mg Elemental Iron + 500 µ gm Folic Acid) is provided to beneficiaries in Schools under supervision of teachers. This will go a long way in prevention of Anemia and also control of mild Anemia.

The success of this programmes hinges on good partnership and understanding between the Departments of Health & Education. Which is duly formalized and working well in our State. Keeping this in mind our State has also included the teachers and helpers on the said schools and beneficiaries of this programme; so they will also receive the similar weekly dose of IFA. Nodal teachers in these schools, trained by Deptt. of Health, will help by providing regular Nutrition and Health education Classes in the above School, and also give regular reports.

The MOs posted in PHCs are trained to investigate and treat any child referred from schools under the above programme and also take care of any side effects emanating from intake of IFA Tablets. They will also display relevant IEC material in their PHCs.

Our State is covering more than 7 lakh girls and boys and more than 46 thousand teachers and helpers of the said schools.

In FY 2012-13 about Five thousand Nodal Teachers were identified by the Deptt. of Educational and trained by the Deptt. of Health & Family Welfare.

Regular Refresher Trainings and workshops of the various stake holders and implementers will be held all through the year. Various IEC materials will be provided by the Deptt. of Health to the Schools and Nodal teachers.