

De- Addiction Programme

Govt. of Himachal Pradesh has taken the matter of Substance Abuse very seriously and went ahead to partner with National Institute of Mental Health & Neuro Sciences (NIMHANS), Bangalore in organizing and carrying out training workshops both in Himachal and Bangalore. We have trained 45 of our Medical Officers in management of Substance Abuse Disorders at various levels of Health Institutions. State has setup De-Addiction Centers at all the District Hospitals wherein regular Out Patient Services and Indoor Beds are provided for the patients. These Centers are manned by medical Specialists and above mentioned trained MOs State provides free treatment and counseling service by trained MOs to all those in need.

The huge success of this programme can be measured by the patient seen in these Centers. In FY 2012-13 4009 patients were seen in the OPDs and 513 were treated as Indoor patients. As more MOs are trained and placed at various Health Institutions, we will see a greater uptake of this programme. Drugs needed to run the De- Addiction Centers were provided.

To create awareness about the issue of Substance Abuse in our State regular radio and T.V shows are carried out by Programme Officers. Outreach activities in various Education Institutions are also regularly conducted by the Deptt. of Health to sensitize the School/ College going children / youth.