

NHMHP-NCD0GEN/18/2019-NCD-NATIONAL HEALTH MISSION-HP - 20795-
National Health Mission
Himachal Pradesh

To

All the Chief Medical Officers in HP
All the Senior Medical Superintendents in HP

Dated, Shimla -171009 the



Subject: Health care of elderlies and patients with NCD's related co - morbidities during COVID pandemic

Sir/Madam,

Please find enclosed herewith the D.O. No. T.20015/190/2021-NCD.II dated 14.5.2021 received from Additional Secretary & Mission Director (NHM) Govt. of India, New Delhi on the subject cited above. It is reiterated that effective management of co-morbidities with NCDs plays a significant role in management of COVID-19 and prevention of complications. In this context, the circular/detailed guidelines have been issued vide Circular no. NHMHP-NCD0GEN/18/2019-NCD-3151 dated 5.5.20 to address the health issues of the Elderly and other vulnerable population especially with NCDs. Kindly ensure the regular treatment of common NCDs (especially diabetes and hypertension) as per the above mentioned circular /guidelines and uninterrupted supply of drugs in all public health institutions for management of common NCDs.



Yours faithfully,

Nep...
19/5/21
Mission Director, NHM
Himachal Pradesh, Shimla - 9

Endst. No. As above Dated, Shimla-171009 the
Copy to

1. The Secretary (Health) to the Government of Himachal Pradesh for information please.
2. The Director Health Services for information and necessary action please. He is requested to monitor the drug availability in various peripheral Health Institutions regularly as per the EDL notified by him.
3. The Director Medical Education and Research for similar action.
4. The All DPO's NCD in all districts for information and necessary action please.

Nep...
19/5/21
Mission Director
National Health Mission
H.P. Shimla-171009



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
निर्माण भवन, नई दिल्ली – 110011

Government of India
Department of Health and Family Welfare
Nirman Bhavan, New Delhi - 110011

वन्दना गुरनानी, भा.प्र.से.

Vandana Gurnani, I.A.S.

अपर सचिव एवं मिशन निदेशक (रा.स्वा.मि.)

Additional Secretary & Mission Director (NHM)

D.O No.T.20015/190/2021-NCD.II

Dated : 14th May, 2021

Dear Colleague,

As you are aware that COVID 19 can be prevented with COVID appropriate behaviour i.e., use of masks, hand washing and social distancing. The effective management of co-morbidities with Non-Communicable Diseases (NCDs) also play a significant role in the management of COVID 19 and preventing complications.

Various guidelines and advisories regarding COVID 19 have been issued by the Ministry of Health & Family Welfare and are available on the Ministry's website <https://main.mohfw.gov.in/>. Healthy lifestyle including healthy diet, physical activity, less consumption of sugar and salt, avoidance of alcohol and tobacco, reducing stress and adequate sleep prevents the NCDs and increases the immunity as well. This is being promoted under the National Program for the Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) at various levels including Health and Wellness Centres. More than 76,000 Health & Wellness centers are operational and various health services at these centres should be continued without any interruption for general population.

Diabetes and Hypertension are treated with regular medication under the Health care delivery system. For uninterrupted treatment of diabetes and hypertension, regular supply of drugs should be ensured to the patients by the health facilities. In case of partial or full lockdown/ restrictions, doorstep delivery of medicines should be organised.

In COVID 19 patients, diabetes and hypertension are to be managed as per the protocols and guidelines according to the severity of the illness.

I would like to emphasize that awareness about NCDs and COVID 19 in the community is vital and therefore healthy lifestyle habits and COVID 19 appropriate behaviour needs to be propagated.

with warm regards

Yours sincerely,


(Vandana Gurnani)

To,

Additional Chief Secretary/ Principal Secretary/ Secretary (Health) all States/ UTs

Copy to

Mission Directors NHM, all States/UTs .

स्वच्छ भारत-स्वस्थ भारत

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