

National Health Mission
Himachal Pradesh

To

All the Chief Medical Officers
In Himachal Pradesh

All the Medical Superintendents
In Himachal Pradesh

All the Principals
Government Medical Colleges
In Himachal Pradesh




Dated:- Shimla-9, the 28th March 2020

Subject:- Recommendation of Technical Advisory Committee

Sir,

On the recommendation of the Technical Advisory Committee the following guidance shall be followed for conserving the PPE's Kits:

1. The use of PPEs Kits should be allowed in specified locations and situations as per the latest guidelines. All are requested to ensure the judicious use of PPEs in view of the gross shortage of the same not only at national but also at global level.
2. The N-95 masks should not be provided to non health care workers who are not directly involved with the COVID19 patient care. However they should use triple layer masks along with hand and cough hygiene and social distancing etc. to safeguard themselves.
3. To help conserve N-95 masks, extended use of the same can be encouraged as far as possible by the users by securing them in a safe place in a safe manner.
4. For trainings and mock-drills etc., the expiry date PPE kits can be used instead of fresh ones.
5. To prevent aerosol generation and transmission, nebulisation in needy COVID-19 patients may be avoided. In such cases methods like Meter Dose Inhalation etc. may be used.


Special Secretary (Health) cum
Mission Director, NHM
Himachal Pradesh, Shimla - 9

Endst. No. As above dated:- Shimla-9, the 28th March 2020

Copy forwarded for information and necessary to:-

1. The Director of Health Services, Himachal Pradesh
2. The Director of Medical Education, Himachal Pradesh
3. All the Deputy Commissioners, Himachal Pradesh
4. All the District Surveillance Officers, Himachal Pradesh



N. Singh
22/3/21
Special Secretary (Health) cum
Mission Director, NHM
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