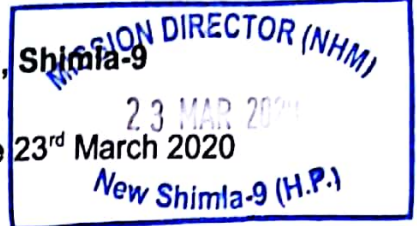




National Health Mission  
SDA Complex, Kasumpti,  
Himachal Pradesh  
Dated: Shimla-171009, the



### CIRCULAR

On the recommendations of COVID-19 Technical Advisory Committee, the following guidelines may be followed for correct use of **Personal Protective Equipments (PPEs)** for Health care workers working at different levels keeping in view the threat of COVID-19:

Category	Level of Protection Required
<b>TRANSPORT OF COVID SUSPECT/ PROBABLE/ CONFIRMED CASE IN AMBULANCES</b>	
Health Care Worker travelling in patient compartment	Full PPE kit
Health Care Worker not travelling in patient compartment	Triple layer surgical mask
Driver having no contact with the person	Triple layer surgical mask

#### **Protocol to be followed for transportation of persons:-**

- (1) Category-A person who is ambulatory and not sick shall be immediately given a triple layer surgical mask to wear.
- (2) The emergency medical technician shall not come in direct contact with the person and the person shall be escorted from a minimum of one meter distance.
- (3) The person shall be directed to enter the patient compartment of the ambulance and the EMT shall not travel with the person if not sick and ambulatory.
- (4) However, if the person is sick in the opinion of the EMT and requires supportive measures during transportation, the EMT shall accompany the person in the patient compartment and shall wear a full PPE kit for self protection.
- (5) All such ambulances which have been used for transportation of every suspect/ probable/ confirmed case of COVID-19 shall be disinfected with spray of freshly prepared 1% sodium hypochlorite solution with a minimum contact time of 10 minutes. The person disinfecting the ambulance should wear a triple layer surgical mask and heavy duty gloves.
- (6) The worn out protective gear shall be disposed off as per protocol of the isolation facilities.

<b>HOSPITALS</b>	
Health Care Workers manning the flu/ URI corners	N-95 mask, goggles, surgical cap, surgical gown made up of non-absorbable material (can be reused after standard disinfection) and gloves.
Health Care Workers in the General OPDs/ General Wards/ Private Wards	Triple layer surgical mask
COVID isolation wards and ICUs	Full PPE kit
<b>INSTITUTIONAL QUARANTINE</b>	
Health Care Workers in institutional quarantine	Triple layer surgical mask, goggles, surgical cap, surgical gown made up of non-absorbable material (can be reused after standard disinfection) and gloves.
<b>HOME QUARANTINE</b>	
Health Care Worker going for surveillance of a home quarantined person	Triple layer surgical mask and hand washing as per protocol after every visit with all social distancing measures as prescribed.
<b>PROTECTIVE EQUIPMENTS FOR SAMPLING</b>	
Sampling for all Category-A persons	Full PPE kit
Sampling for SARI, symptomatic Health Care Workers (but not included in Category-A)	N-95 mask, goggles, head gear with face shield, surgical gown made up of non-absorbable material (can be reused after standard disinfection) double gloves and shoe cover.

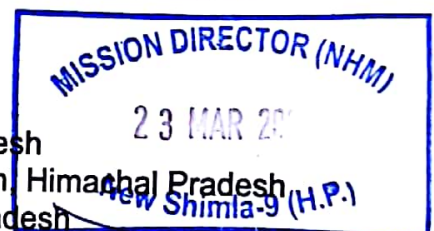
*alen*  
Additional Chief Secretary (Health) to the  
Government of Himachal Pradesh

Endst. No. As above  
2020

Dated Shimla-9 the 23<sup>rd</sup> March

Copy for information and necessary action to:

1. Director Health Services, Himachal Pradesh
2. Director Medical Education and Research, Himachal Pradesh
3. All Deputy Commissioners, Himachal Pradesh
4. All Chief Medical Officers, Himachal Pradesh
5. All Senior Medical Superintendents, Himachal Pradesh



*N. J. ...*  
23/3/20  
Special Secretary (Health) cum  
Mission Director, NHM  
Himachal Pradesh, Shimla - 9