



National Health Mission
SDA Complex, Kasumpti, Shimla-9
Himachal Pradesh

Dated: Shimla-171009, the 19th March 2020

19 MAR 2020

New Shimla-9 (H.P.)

ADVISORY FOR HEALTH INSTITUTIONS

With an objective to decongest the hospitals of the State and enforce social distancing measures in hospitals to prevent nosocomial spread of COVID-19, the health institutions are hereby advised as under:

- 1) The elective surgeries including dental procedures which can wait should be deferred/ postponed to the extent possible, till situation improves. However, the emergency services shall be continued and the patients attended to as per protocol and practice.
- 2) At least 30 days medicines may be provided/ advised wherever possible to the chronic disease patients.
- 3) The protocol of only one attendant per indoor patient be strictly implemented and the visiting hours may be so staggered that there is no crowding in the wards and the formula of attendants of odd/ even beds to be allowed in a particular ward at a particular time may be adopted. Individual departments and the Medical Superintendents may do further micro planning to decrease the rush.
- 4) Triage area may be identified near the URI corner which is already instructed to be set up in the hospitals.
- 5) The designated corridor, wherever feasible may be identified for the movement of suspect/ probable/ confirmed case of COVID-19 in the hospitals.
- 6) The Medical and Para Medical Staff is advised to strictly follow the guidelines for disinfection, treatment, isolation and prevention of COVID-19.
- 7) The Medical Superintendents of all the Hospitals should educate the public visiting the hospital, through posters and Audio visual addressing system.
- 8) Unnecessary referrals should be avoided to Medical Colleges and District/ Zonal/ Regional hospitals.

- 9) Private hospitals may also undertake such measures for decongestion and enforcement of social distancing in their institutions.

Keeping in view the above, the general public is advised as under:-

- 1) The General Public is advised not to go to Health Institutions for non-medical related works.
- 2) The General public is advised to go to the District hospital and Medical Colleges only in case of emergency and to attend the peripheral health institutions for minor ailments.
- 3) If at all, visit to Medical College/ District/ Zonal/ Regional hospitals is necessary, the public is advised to keep a safe distance of at least one meter from each other and to attend the designated URI (flu) OPDs being run by the medical colleges and District/ Zonal/ Regional hospitals.
- 4) The public is advised not to panic and to co-operate with the authorities by following the preventive measures being widely circulated by the authorities and media.

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Additional Chief Secretary (Health) to the
Government of Himachal Pradesh

Endst. No. As above Dated Shimla-9 the 19th March 2020

Copy for information and necessary action to:

1. Director Health Services, Himachal Pradesh
2. Director Medical Education and Research, Himachal Pradesh
3. Director IPR for wide publicity.
4. All Deputy Commissioners, Himachal Pradesh
5. All Chief Medical Officers, Himachal Pradesh



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